

## **Southampton Online** - City Council Services 24 hours a day, every day

### **Bitterne Leisure Centre**

**Bitterne Leisure Centre**  
**Dean Road**  
**Bitterne**  
**Southampton**  
**SO18 6AQ**

Tel: 02380 437647 Fax: 02380 393332  
Email: [bitterne.lc@southampton.gov.uk](mailto:bitterne.lc@southampton.gov.uk)

#### Opening Hours

Monday – Thursday: 7.30am-10.30pm

Friday: 7.30am-9.00pm

Saturday & Sunday: 8.30am-6pm

Bank holidays: Times vary, please check with reception

Bitterne Leisure Centre has been established for over 20 years providing fitness for all in the community. The venue is open to all and aims to promote a healthier lifestyle throughout Bitterne and Southampton. We recognise that everyone has different needs, and for this reason we host a range of activities from yoga, badminton, swimming and much more, and are continually improving what's on offer for you.